

# MAINS

#### MONDAY

Beef Shepherd's Pie topped with Creamed Potatoes served with Fresh Broccoli & Sweetcorn

#### TUESDAY

Margherita or Ham Pizza served with Oven Roasted Sauteed Potatoes, Garden Peas or Baked Beans

### WEDNESDAY

Spaghetti & Mezze Meatballs served with Mixed Vegetables

#### THURSDAY

Chicken Fillet served with Yorkshire Pudding, Creamed Potato, Braised Cabbage, Sliced Carrots & Gravy

#### FRIDAY

Oven Baked Cod Fillet served with Healthy Oven Chips, Mushy Peas or Baked Beans & Tomato Sauce

# DESSERTS

#### MONDAY

Strawberry Mousse

#### TUESDAY

Chocolate & Beetroot
Brownie

#### WEDNESDAY

Wholefood Shortbread & Sliced Fruit

#### THURSDAY

Fresh Fruit Salad & Vanilla Ice Cream

#### FRIDAY

Raspberry Sponge Pudding
4 Custard

## AVAILABLE DAILY

Jacket Potato served with a choice of toppings

Pasta King served with a choice of Meat & Vegetarian sauces

A Selection of Fresh Bread

#### Fresh Salad Bar:

Mixed Leaves, Tomatoes, Carrot Sticks, Cucumber, Gherkins, Sweetcorn, Beetroot, Celery, Vegetable Rice, Tuna Pasta, 1/2 Boiled Egg, Coleslaw, Potato Salad



SUGAR FREE GORDIAL OR FRESH WATER SERVED DAILY